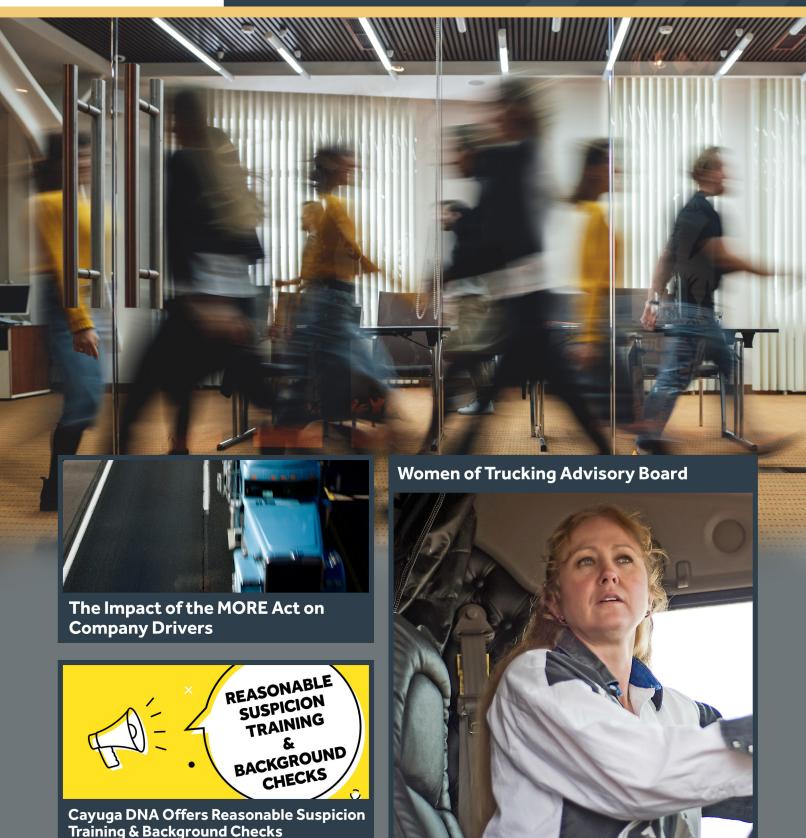


CAYUGA DRUG & ALCOHOL TESTING

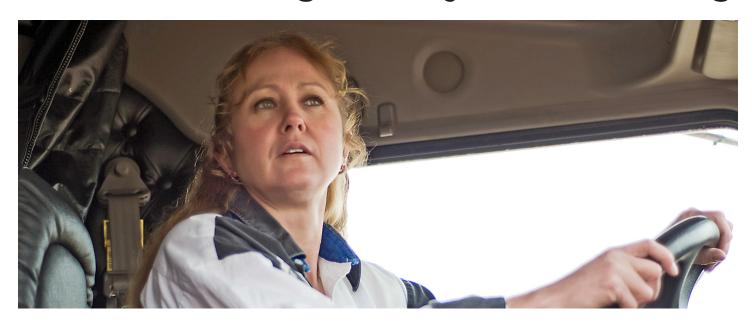
WORKPLACE SOLUTIONS NEWSLETTER / ISSUE 4 / 2022

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Women of Trucking Advisory Board Launching



To kick off Women's History Month the Federal Motor Carrier Safety Administration (FMCSA) announced that they are launching the Women of Trucking Advisory Board (WOTAB). The FMCSA's mission is to prevent crashes, fatalities, and injuries involving commercial trucks and buses by developing safety and regulatory standards for commercial driver's licenses.

The launch of this board was mandated by the Bipartisan Infrastructure Law and is part of the Biden-Harris Trucking Action Plan. The plan aims to improve job quality and recruit more individuals into the profession.

The WOTAB will work together with drivers and trucking companies to help eliminate the barriers that keep women from entering and staying in the trucking profession. FMCSA stated that this board furthers their commitment to collaboration, safety, and equity in the trucking industry by evaluating the current and potential opportunities for women throughout the industry.

The WOTAB will coordinate with trucking companies, nonprofit organizations, and trucking associations in their effort to support women in the industry. The board will also tackle areas including:

- Evaluating barriers and trends impacting women in trucking as well as identify ways to support women pursuing careers in the industry

- Identifying opportunities to expand roles for women and increase the number of women in the industry
- Advising on policies that provide education, training, mentorship, and outreach to women in the industry
- Reviewing opportunities to enhance the available training, safety, education, and mentorship for women in the industry

The board will consist of a minimum of eight members that have diverse backgrounds, experiences, and certifications to provide a balanced perspective.

The WOTAB will include:

- Women representing small, mid-sized, or large trucking companies and nonprofits in the industry
- Trucking business associations
- Independent owner-operators and professional drivers
- An institution of higher education or trucking trade school

The charter will run through February 11, 2024. Anyone interested in applying for the board can do so by visiting www.fmcsa.dot.gov/wotab.



Exploring the Impact of the MORE Act on Company Drivers



In March of 2021, Governor Cuomo legalized the recreational use of Marijuana in New York State. With New York being among the 18 states to legalize the recreational use of the substance it left many asking when the federal government would follow suit.

In May of 2021 the Marijuana Opportunity Reinvestment and Expungement (MORE) Act was introduced in the House of Representatives and was recently passed on March 24th of this year. This bill would decriminalize the substance on the federal level and remove it from the list of scheduled substances.

When we first began to see the substance become legal at the state level across the country, the most frequently asked question was "will this impact my drivers?"

The short answer is both yes and no.

Even if the bill passes through the Senate, we can assume that with the Democratic Party's history of being pro-safety regulations they will most likely not allow employees who have safety sensitive duties to use the substance.

The lack of educating your employees is where it may negatively impact them. Unfortunately, there have been instances where drivers were unaware that the Department of Transportation still prohibits the substance both recreationally and medically even if it is legal in your state.

Our company recommends outlining the Department of Transportations regulations on drug and alcohol use in your company policy and having your employees read and sign a document acknowledging that they have received them. Throughout the pandemic we have seen many newcomers into the industry who may not have as much knowledge on the rules and regulations that apply to them which is why education is imperative.

Cayuga Drug and Alcohol Testing works diligently to stay up to date on any regulation changes and offer reasonable suspicion training for supervisors that cover any recent changes to any applicable regulations. Offering your staff regular training and education on these laws will help protect you, your employees, and customers in the long run.

For more information on the Department of Transportation drug and alcohol testing regulations or to set your supervisors up for reasonable suspicion training you can contact our office at (315) 282-7933.



Helpful Information

REFERENCE LINKS

https://www.transportation.gov/odapc/MISreporting

https://www.transportation.gov/odapc/part40

https://www.transportation.gov/odapc/am-i-covered#no-back

https://www.transportation.gov/odapc/agencies

You can also reach out to Cayuga Drug & Alcohol Testing if you have any questions or need clarification, classes, or consulting.

https://cayugadna.com

DOT Agency	2022 Random Drug Testing Rate	2022 Random Alcohol Testing Rate
Federal Motor Carrier Safety Administration [FMCSA] The random rates did not change for 2022. Because the random rates did not change, FMCSA is not required to publish a notice in the Federal Register. The rate last changed in 2020.	50%	10%
Federal Aviation Administration [FAA] 2022 Random Rate Federal Register Notice	25%	10%
Federal Railroad Administration [FRA] 2022 Random Rate Federal Register Notice	25% - Covered Service	10% - Covered Service
	25% - Maintenance of Way	10% - Maintenance of Way
Federal Transit Administration [FTA] 2022 Random Rate Federal Register Notice	50%	10%
Pipeline & Hazardous Materials Safety Administration [PHMSA] 2022 Random Rate Federal Register Notice	50%	N/A



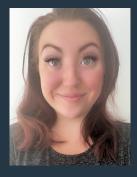
HOW CAN CAYUGA DRUG AND ALCOHOL TESTING HELP YOU?

DOT & Non-DOT Urine Drug Screenings // Non-DOT Oral-Fluid Drug Screenings // Non-DOT Hair Drug Screenings Breath Alcohol Testing // Legal DNA Testing // Rapid Testing // Background Checks // Training // Mobile and On-Site Testing

CAYUGA
DRUG & ALCOHOL
TESTING
TEAM



Brian Muldrow is the President of Cayuga Drug and Alcohol Testing. Brian is a member of many boards in the community and is also a proud advocate for social justice.



Kiersten Seneca is the team leader and a certified trainer for Cayuga Drug and Alcohol Testing. She oversees the basic operations of the company, social media, and our podcast.